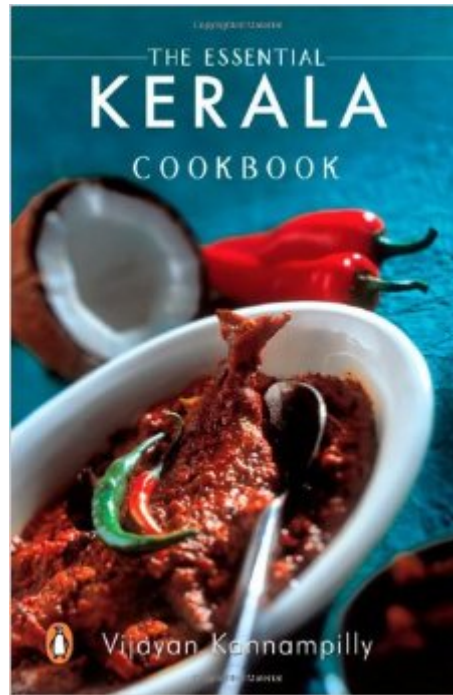


The book was found

Essential Kerala Cookbook



Synopsis

God's Own Country is known for many things, and best of all is its unique cuisine. Mixing coconut oil and spices in a way subtle enough to seduce the taste buds and make one's dance hasn't been enough for the Malayalis, as their culinary techniques have reached cult status. In this book, Vijayan Kannampilly ventures to show readers from the world over how Kerala manages to wow food connoisseurs time and again with its cooking. He shows how to make Kerala's famous mango curry with curd and coconut, and how to leave one's guests with smacking lips as one masters his Tapioca potage. He also reveals the secrets to making a stir-fried banana flower with coconut, how best to serve deep-fried meat of all types, and the maverick spiced chicken curry which is the test of Travancore Kitchens everywhere. From the duck curry to Prawns with potato and coconut and stir-fried crab with coconut, learn how to wow anyone lucky enough to sit at your table armed with an array of recipes taken from God's Own Country itself.

Book Information

Paperback: 291 pages

Publisher: Penguin India (January 1, 2003)

Language: English

ISBN-10: 0143029509

ISBN-13: 978-0143029502

Product Dimensions: 5.2 x 0.7 x 9.1 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #583,523 in Books (See Top 100 in Books) #193 in [Books > Cookbooks, Food & Wine > Asian Cooking > Indian](#) #5986 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

This book is an depth look at how to cook the various cuisines of Kerala, be it Hindu, Christian or Muslim. All the recipes have techniques explained well. This is a book for a serious cook, not one of the coffee table ones. No offense to any of the authors but I would compare this to Paula Wolferts "Couscous and the other good food from Morocco"

A lot of great recipes I can try befor I visit Kerala Thank you

Great book!

[Download to continue reading...](#)

Essential Kerala Cookbook The Kerala Kitchen: Recipes and Recollections from the Syrian Christians of South India (Hippocrene Cookbook Library) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils: The Complete Guide: Essential Oils For Beginners, Aromatherapy And Essential Oil Recipes The Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites Vegan: The Essential Mexican Cookbook for Vegans: (+ FREE BONUS MUG CAKE COOKBOOK!) (vegan, gluten free, vegetarian, clean eating, raw diet 6) Island Style Cookbook: Guam's Favorite Soups, Tasty Guam Recipes, Wonderful Chamorro Island Food , Exotic Guam Cookbook Of Soups, Enjoy Awesome Chamorro Guam Food From This Island Cookbook Easy Vietnamese Cookbook: 50 Authentic Vietnamese Recipes (Vietnamese Recipes, Vietnamese Cookbook, Vietnamese Cooking, Easy Vietnamese Cookbook, Easy Vietnamese Recipes, Vietnamese Food Book 1) Chinese Cooking: No Wok Takeout! 80 Amazingly Delicious 3 Steps Or Less Chinese Recipes Revealed (Chinese Cookbook, Cooking For One) (cookbook for beginners, ... meals cookbook, easy meals for one 2) Crockpot Recipes: 30 Delicious, Dairy & Gluten Free, Low Carb Recipes For Busy People (Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, Gluten Free ... Cooker Recipes, Low Carb Cookbook Book 1) Easy Tomato Sauce Cookbook: 50 Delicious Tomato Sauce Recipes (Tomato

Sauce, Tomato Sauce Cookbook, Tomato Sauce Recipes, Italian Cookbook, Italian Recipes Book
1) Salads - Top 200 Salad Recipes Cookbook (Salads, Salads Recipes, Salads to go, Salad
Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad
Dressing, Fruit Salad) Rice Cooker Recipes: The Ultimate Rice Cooker Cookbook: The Best Quick
And Easy Rice Cooker Recipes You Can Make At Home Tonight (Rice Cooker Cookbook, ...
Recipes, Rice Cookbook, Rice Recipes)

[Dmca](#)